



## September Lunch Program 2020 - 2021

Meal Component		Monday September 14		Tuesday September 15		Wednesday September 16		Thursday September 17		Friday September 18
Lunch Meat or Meat Alternate	1 ea	Chicken Wrap  Chicken	1 ea	Chicken Wrap  Chicken	1 ea	Ham & Cheese Sandwich  Ham & Cheese	1 ea	Cheese Pizza  Cheese	1 ea	Cheese Pizza  Cheese
Vegetable/ Fruit	1 ea  1ea	Broccoli  Cauliflower	1 ea  1 ea	Broccoli  Cauliflower	1 ea  1 ea	Pickle  Apple	1 ea  1 ea	Tossed Greens  Carrot Sticks	1 ea  1 ea	Tossed Greens  Carrot Sticks
Bread	1 ea	Whole Wheat Wrap  Rice	1 ea	Whole Wheat Wrap  Rice	1 ea	Whole Wheat Bread	1 ea	Whole Wheat Crust	1 ea	Whole Wheat Crust
Milk Choice of 1	8 oz	Chocolate or White	8 oz	Chocolate or White	8 oz	Chocolate or White	8 oz	Chocolate or White	8 oz	Chocolate or White
Condiments			1 ea		1 ea	Mayo & Mustard Packets	1 ea	Dressing	1 ea	Dressing

1%, Skim or Chocolate milk Served Daily. Menu Subject to change depending on availability or without notice



## September Lunch Program 2020 - 2021

Meal Component		Monday September 21		Tuesday September 22		Wednesday September 23		Thursday September 24		Friday September 25
Lunch Meat or Meat Alternate	1 ea	Sweet & Sour Chicken  Chicken	1 ea	Sweet & Sour Chicken  Chicken	1 ea	Turkey & Cheese Sandwich  Turkey & Cheese	1 ea	Goulash  Hamburg	1 ea	Goulash  Hamburg
Vegetable/ Fruit	1 ea  1ea	Pineapple  Green Beans	1 ea  1 ea	Pineapple  Green Beans	1 ea  1 ea	Apple	1 ea  1 ea	Steamed Carrots	1 ea  1 ea	Steamed Carrots
Bread	1 ea	Rice  Whole Wheat Roll	1 ea	Rice  Whole Wheat Roll	1 ea	Whole Wheat Bread	1 ea	Whole Wheat Macaroni  Roll	1 ea	Whole Wheat Macaroni  Roll
Milk Choice of 1	8 oz	Chocolate or White	8 oz	Chocolate or White	8 oz	Chocolate or White	8 oz	Chocolate or White	8 oz	Chocolate or White
Condiments			1 ea		1 ea	Mayo & Mustard Packets	1 ea		1 ea	

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## September Lunch Program 2020 - 2021

Meal Component		Monday September 28		Tuesday September 29		Wednesday September 30		Thursday October 1		Friday October 2
Lunch Meat or Meat Alternate	1 ea	NO SCHOOL IN- SERVICE	1 ea	Chicken Alfredo  Chicken	1 ea	Bologna & Cheese Sandwich	1 ea	Turkey Shepherd's Pie  Turkey	1 ea	Turkey Shepherd's Pie  Turkey
Vegetable/ Fruit	1 ea  1ea		1 ea  1 ea	Peas	1 ea  1 ea	Dried Cranberry	1 ea  1 ea	Peas, Corn, Carrots & Potatoes	1 ea  1 ea	Peas, Corn, Carrots & Potatoes
Bread	1 ea		1 ea	Whole Wheat Pasta	1 ea	Whole Wheat Bread	1 ea	Whole Wheat Roll	1 ea	Whole Wheat Roll
Milk Choice of 1	8 oz		8 oz	Chocolate or White	8 oz	Chocolate or White	8 oz	Chocolate or White	8 oz	Chocolate or White
Condiments			1 ea		1 ea	Mayo & Mustard Packets	1 ea		1 ea	

1%, Skim or Chocolate milk Served Daily. Menu Subject to change depending on availability or without notice