

Alburgh School



November 2021
Breakfast menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
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|--|---|--|--|--|
| 1st Cereal or breakfast bar Milk or juice | 2nd Fruit and yogurt parfaits Granola juice or milk | 3rd Fruit muffin Cheese stick Milk or juice | 4th French toast sticks Sausage Milk or juice | 5th Overnight oats Yogurt Applesauce Milk or juice |
| 8th Cereal or breakfast bar Milk juice | 9th Fruit and yogurt parfaits Granola juice or milk | 10th Fruit muffin Cheese stick Milk or juice | 11th Breakfast sandwich Milk or juice | 12th Hot maple oatmeal Yogurt Juice or milk |
| 15th Cereal or breakfast bar Milk juice | 16th Fruit and yogurt parfaits Granola juice or milk | 17th Fruit muffin Cheese stick Milk or juice | 18th Pancakes Sausage Milk or juice | 19th Overnight oats Yogurt Applesauce Milk or juice |
| 22nd No school | 23rd No school | 24th No school | 25th No school | 26th No school |
| 29th Cereal or breakfast bar Milk juice | 30th Fruit and yogurt parfaits Granola juice or milk | | | |

Salad Bar Includes: Tossed salad with Choices of: Fruits and/or Vegetables. Any Variety of: Eggs, Yogurt, Beans.

This institution is an equal opportunity provider.