

Alburgh School



October 2021
Breakfast menu

Monday	Tuesday	Wednesday	Thursday	Friday
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				1st Breakfast wrap Juice Cheese stick
4th Cereal yogurt Milk fruit	5th Oatmeal Fruit milk	6th Pancakes Sausage Juice milk	7th Fruit and yogurt parfait Milk applesauce	8th No school
11th No school	12th French toast sticks Sausage Milk juice	13th Fruit muffin bar Apple slices milk	14th Fruit and yogurt parfait Milk applesauce	15th Breakfast sandwich Milk juice
18th Cereal yogurt Milk juice	19th Oatmeal Fruit milk	20th Pancakes Sausage Juice milk	21st Fruit and yogurt parfait Milk applesauce	22nd Breakfast wrap Juice Cheese stick
25th Cereal Yogurt Milk juice	26th French toast sticks Sausage Milk juice	27th Fruit muffin bar Apple slices milk	28th Fruit and yogurt parfait Milk applesauce	29th Halloween's here! Green and orange pancakes Sausage Juice milk

Salad Bar Includes: Tossed salad with Choices of: Fruits and/or Vegetables. Any Variety of: Eggs, Yogurt, Beans.

This institution is an equal opportunity provider.

1%, Skim or Chocolate milk Served Daily. Menu Subject to change depending on availability or without notice

